

Beach Corner Evangelical Free Church



Country Trip Information

Cusco Peru, August 2017

Project Objectives:

Beach Corner Church has worked alongside ATEK ministries in reaching the Quechan people since 2008 by providing much needed training in agricultural methods, health & sanitation, marriage & parental conduct specifically in the area of Huanca Huanca. Since then there has been a transformation that has taken place within the community that has seen improvements in the overall quality of life to the point that ATEK wants to use the same model to branch out into other communities.

Using the ATEK compound as a home base, the August 2017 team will work alongside ATEK continuing to support the ministry and leadership of ATEK, as they seek to contribute to the holistic and self-sustaining development of the Quechua communities. The team will be actively involved in:

- › Developing relationships with 2 new communities by providing 2 days of kids camps involving games, crafts, drama and teaching on health practices.
- › Enabling teaching and discipline by providing support and assistance for a Women's Conference. Care will be provided by the team for 30 children, preparing meals and sharing a daily devotional.
- › Providing a fresh coat of paint to make the ATEK building a more welcoming place to host conferences/training seminars

Trip Dates:

The trip is tentatively scheduled for August 1 – August 14, 2017.

Travel and Project Itinerary:

The project-specific activities and itinerary will be finalized at a later date once the team members are confirmed.

Your HFL Team:

Dale Clark is a Hungry For Life (HFL) Mission Focusing Consultant (MFC) and has various international experience in many different countries. As a MFC Dale is responsible for working alongside the church in trip planning and will oversee the administration of your trip.

Chad Martz is the HFL Project Manager (PM) for Peru and will work on your behalf coordinating the daily schedule while in Peru and managing the logistics and administrative details associated with the project.

Ginnie Frede of HFL's Teams and Project Services Department will oversee and organize your trip, getting you to and from Peru safely.

Church Team Leader:

Kyle Ulmer will represent Beach Corner Church, working closely with Dale Clark prior to departure. Members of the Beach Corner Peru Committee will work alongside Kyle in the team's planning and trip preparations. If you have questions about the project, date or finances, please Kyle and he will direct them to Hungry For Life.

Food and Lodging:

While in Cusco the team will be staying at the ATEK housing with most meals prepared by a hired cook. You can trust that all food being offered to eat will be safe to consume and bottled drinking water will be provided.

Weather:

There are two well-defined seasons in Cusco; the rainy season is November to March and the dry season is April to October. It has an average annual temperature that fluctuates between 11°C and 13°C. On sunny days the temperature goes up to 20°C. Due to Cusco's location in a high mountain range, you can expect the temperature to range between 0°C - 15°C in November.

Application Deadline:

The completed International Trip Application form is due in at the **Beach Corner Church office by Dec. 18, 2016.**

Financial Information:

The trip cost is approximately \$3,900 - \$4,300 CDN. This is subject to final bookings.

The cost includes:

- > Flights
- > Airport fees
- > Food, lodging and transportation within Peru
- > Insurance
- > Project Funds

The cost does not include:

- > Souvenirs
 - > Meals while traveling outside of Peru
 - > Immunizations (approx. \$100 - \$200) - see below
- *Funds for projects are raised independently*

Health:

HFL requires that all travelers visit either their personal physician or a travel health clinic 4-8 weeks before departure. We strongly recommend you receive the following immunizations:

- > Hepatitis A or immune globulin (IG). Transmission of hepatitis A virus can occur through direct person-to-person contact; through exposure to contaminated water, ice, or shellfish harvested in contaminated water; or from fruits, vegetables, or other foods that are eaten uncooked and that were contaminated during harvesting or subsequent handling.
- > Hepatitis B, especially if you might be exposed to blood or body fluids (e.g. health-care workers), have sexual contact with the local population, or be exposed through medical treatment. Hepatitis B vaccine is now recommended for all infants and for children ages 11-12 who did not receive the series as infants.
- > Tetanus, often associated with rust, especially rusty nails, but this is somewhat misleading. C. tetani is an anaerobic bacterium; it will thrive in an environment that lacks oxygen. Rust itself does not cause tetanus or contain more C. tetani bacteria. Objects that accumulate rust are often found in the outdoors or places that contain more bacteria, any bacteria-infected object can transmit tetanus.

We also recommend taking antimalarial medications when travelling to a country where Malaria is prevalent.

Most travelers have experiences with traveller's diarrhea. There are many different kinds of microbes which can cause diarrhea that can be picked up in developing countries. The source is contaminated food and water. The best way to prevent travelers' diarrhea is to continually wash your hands. There is a medication that combats traveler's diarrhea, it is called Dukoral. Please talk to your doctor about how this could apply to you.

Immunization costs will vary depending on where you have them done and how many you need. Hepatitis A costs approximately \$65, Hepatitis B costs approximately \$42, Typhoid costs approximately \$45, and Malaria pills are about \$5/day.



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